

**ZONE 1 SOUTH CHAMPIONSHIPS – BRIAN MALICK MEMORIAL
PACIFIC SWIMMING Short COURSE C/B/A+ MEET
JANUARY 26-28th 2024
Enter Online: <http://ome.fastswims.com>**



SANCTION: Held under USA/Pacific Swimming Sanction No. **24-009**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet on Meet Mobile**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

Meet Referee: Jeanette Soe	Head Starter: Mette Graversen
Meet Marshal: Joan McCallum (QSS)	Admin Official: Debbie Fujji
Meet Director: Michael Greymont mgreyont@mhgcg.com	408-891-2948

LOCATION: Morgan Hill Dennis Kennedy Aquatics Center, 16200 Condit Road, Morgan Hill, CA 95037

DIRECTIONS: From Southbound Highway 101: take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile. From Northbound Highway 101: take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.

Parking: Park in the main paved lot of the facility, the EAST side of Conduit Road, and the main large lot on the south side of the facility (side with the solar panels). Do not park at the House of Thunder Harley Davidson Dealership or Patio World. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents as the City of Morgan Hill, the Morgan Hill Aquatics Center, or Pacific Swimming will not take **ANY** responsibility for damage to or theft of any vehicles or personal belongings.

COURSE: Outdoor 25 yard pool with up to 16 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the shallow end and 13'0" at the deep end. The Meet Host shall ensure required course dimensions.

TIME: Meet will begin on Friday at 5:00 PM with warmups from 3:30 until 4:45 PM. Meet will begin at 9:00 AM Saturday and Sunday with warm-ups from 7:30 to 8:45 AM each day.

A special warm-up time for 8 and under athletes only will be held from 8:00 – 8:45 AM both in the instructional pool and 2 reserved

start lanes in the competition pool.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
 - The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
 - All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
 - All events are timed finals.
 - All events will swim fastest to slowest.
 - Athletes may compete in 3 (three) events per day and in two relays per day for the Saturday / Sunday sessions. (note, they may participate in one same gender relay, and one mixed gender relay)
 - Athletes may only compete in 1 (one) event for the Friday Session.
 - Clubs may enter 2 (two) relay teams per gender/age group. **Only the designated A relay team shall score points. All Relays are due by Saturday, January 27th, 2024 at 8:00am.**
 - Clubs may enter 1 (one) relay team of Mixed Gender/age group. The team must consist of two male and two female athletes in order to score points. If a Mixed Gender relay team is entered non-conforming, they may swim, but points shall not be allowed.
 - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
 - All Coaches and Deck Officials must wear their USA Swimming membership cards in a visible manner.
 - Certified Lifeguards shall be on duty on both the competition pool and instructional pool during the meet. There are AED devices located at both locker rooms. First aid (limited) is available at the check-in desk area.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance with this requirement.

- RESTRICTIONS:**
- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
 - Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
 - No glass containers are allowed in the meet venue.
 - No propane heaters are permitted except for snack bar/meet operations.
 - All shelters must be properly secured. Please do not use stakes in the landscaping due to irrigation system.
 - Deck Changes are prohibited.
 - Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
 - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
 - Congregation of spectators/athletes shall not be allowed behind the timing areas. Viewing may be done on the sides of the pool deck and across from the starting areas.
 - Animals other than **Certified Service Animals** are not permitted inside the facility at any time.

ELIGIBILITY: • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not

found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.

- Meet is open to qualified athletes from Zone 1 South Clubs ONLY. Unattached Athletes participating with a Zone 1 South Club are eligible to compete.
- Entries with "NO TIME" will be Accepted.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Entries will be sent to coaches/clubs for verification and validation prior to the meet. If times are found to be invalid that may/shall result in the Athlete's time being disqualified, and excused from the meet if those times are used during competition.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. The athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY FEES: \$4.50 per event plus a \$10.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs. Relays are \$9.00 per relay team entry.

ONLINE ENTRIES: To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a service fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the service fee is a separate fee from the Entry Fees. If you do not wish to pay the service fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, January 17th, 2024.

MAILED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, January 15th, 2024. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope or email address provided on form.

Make check payable to: Zone 1 South

Mail entries to: Zone 1 South, Attn: Michael Greymont 409 Tennant Ave, STE 423, Morgan Hill, CA 95037

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: The Athlete's awards will be available to a club representative at the end of the competition. "A" medals shall be awarded to the athletes achieving new "A" times. Individual High-Point awards shall also be awarded at the end of the meet by Age Group, and by Gender.

ADMISSION: Free. A downloadable PDF of the complete program shall be available free of charge.

SNACK BAR & HOSPITALITY: A snack bar and/or food trucks will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

SCORING:

1. There are three divisions (A, B, C) per event.

- a. A division is composed of all athletes that have a USA Swimming A time or faster for the event.
- b. B division is composed of all athletes that have a USA Swimming B time or faster, but less than an A time, for the event.
- c. C division is composed of all athletes that have slower than a B time for the event plus all NT (No Time) entries.

2. Athletes not yet attached to a new club after a transfer may not earn points or participate in relays.

3. Friday's event winners will be awarded ribbons but points will not be used in the scoring of the meet.
4. The divisions are based on entry times, not result times.
5. An athlete can score points in each of the three divisions (A, B, & C). It's not important which division points are earned in since all three divisions use the same scoring (see below). All that is important is an athlete's total points, which are added to their Club's total points. It is possible for an athlete to earn points in each of the three divisions since they may have a mix of A, B, & C entry times for the events they swim. For example, after the meet is all over John has 16 points in the A division, 20 points in the B division, and 4 points in the C division. Therefore, John earns 40 points for his club for the meet
6. Clubs are divided into three categories – Small, Medium, and Large as determined by the number of athletes that enter the meet. This will be determined prior to the start of the meet and Clubs will be notified by the meet director which category they are in prior to the start of the meet.
 - a. Small: under 80 entries; Medium: 80 – 169 entries; Large: 170 or greater entries This will be determined, and Clubs shall be notified prior to the start of the meet by the meet director.
 - b. There are three awards per Club category – first, second, and third place.
7. Relay points are awarded at the club level but no individual points shall be granted. Relay points are twice the individual points.
8. Clubs may have up to two (2) relay teams per age group/event, however **ONLY the DECLARED A relay team** will be allowed to score points. **Team B Will not score.** The Club may have 2 (two) same gender/age group relay teams and 1 (one) Mixed Gender relay team. The Mixed Gender team shall score points provided they are comprised of 2 Male, 2 Female Athletes.

Points awarded to the Athletes by Age Group and Gender:

DIVISION	1 ST	2 ND	3 RD	4 TH	5 TH	6 TH	7 TH	8 TH
A	9	7	6	5	4	3	2	1
B	9	7	6	5	4	3	2	1
C	9	7	6	5	4	3	2	1
RELAYS	18	14	12	10	8	6	4	2

10. If there are less than 8 athletes in any of the three divisions for an event (remember, the divisions are based on entry times in this document) then points are only awarded down to the number of places that swam.

SPIRIT AWARD: We will be awarding a Club at the meet the **Zone 1 South Team Spirit Award**. This shall be determined by non-club affiliated representatives, and a vote shall be taken during Sunday's session to determine the club with the most 'Team Spirit'.

MINIMUM OFFICIALS: Required Officials

Club athlete entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	Add'l 1 for every 25 athletes

***** Note, Clubs that do not bring the required officials shall be assessed a fee of \$100 payable to Zone 1 South.**

EVENTS

Friday, January 26, 2024		
EVENT #	EVENT	EVENT #
1	10-U 200 IM**	2
3	11 - Over 400 IM**	4
5	9 – Over 500 Free**	6
Saturday, January 27, 2024		
7	15-Over 100 Fly	8
9	13-14 100 Fly	10
11	11-12 50 Fly	12
13	9-10 50 Fly	14
15	7-8 25 Fly	16
17	6 Under 25 Fly	18
19	15-Over 100 Back	20
21	13-14 100 Back	22
23	11-12 50 Back	24
25	9-10 50 Back	26
27	7-8 25 Back	28
29	6 Under 25 Back	30
31	15 Over 100 Breast	32
33	13-14 100 Breast	34
35	11-12 50 Breast	36
37	9-10 50 Breast	38
39	7-8 25 Breast	40
41	6 Under 25 Breast	42
43	15-Over 200 Med Relay	44
45	15-Over 200 Med Relay MIXED	
47	13-14 200 Med Relay	48
49	13-14 200 Med Relay MIXED	
51	11-12 Med Relay 200 Med Relay	52
53	11-12 Med Relay 200 Med Relay MIXED	
55	9-10 Med Relay 200 Med Relay	56
57	9-10 Med Relay 200 Med Relay MIXED	
59	8-Under Med Relay 100 Med Relay	60
61	8-Under Med Relay 100 Med Relay MIXED	

Sunday January 28, 2024		
EVENT #	EVENT	EVENT #
63	15-Over 100 Free	64
65	13-14 100 Free	66
67	11-12 100 Free	68
69	9-10 100 Free	70
71	7-8 50 Free	72
73	6-Under 50 Free	74
75	15-Over 200 IM	76
77	13-14 200 IM	78
79	11-12 100 IM	80
81	9-10 100 IM	82
83	7-8 100 IM	84
85	6-Under 100 IM	86
87	15-Over 50 Free	88
89	13-14 50 Free	90
91	11-12 50 Free	92
93	9-10 50 Free	94
95	7-8 25 Free	96
97	6-Under 25 Free	98
99	15-Over 200 FR Relay	100
101	15-Over 200 FR Relay MIXED	
103	13-14 200 FR Relay	104
105	13-14 200 FR Relay MIXED	
107	11-12 200 FR Relay	108
109	11-12 200 FR Relay MIXED	
111	9-10 200 FR Relay	112
113	9-10 200 FR Relay MIXED	
115	8 Under 100 FR Relay	116
117	8 Under 100 FR Relay MIXED	

****For ALL Friday Events, Athletes MUST have their own timers, and Events 5 and 6 must have their own timers and lap counters.**

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Note, Mixed Gender relays have the same number as the age group listed, so for entry, please indicate which team you are entering, Team A, Team B, or Mixed Gender (MG)

Pacific Swimming – Hosted by Zone 1 South
 Zone 1 South Championships – Brian Malick Memorial
 January 26 through 28th, 2024
 Consolidated Entry Form

Name: Last, First Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M F	LSC – (PC, SN)
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USA-#															
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Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

of entries _____ x \$4.50 = \$ _____
 Participation Fee \$ 10.00
 Total \$ _____

Coach

Athlete's
Address

Home Phone	Cell Phone
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Email