



- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- At the discretion of the Meet Referee, events and heats may be combined.
- **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**
- **All applicable Sonoma County, City of Petaluma and State of California Public Health requirements for protection against COVID-19 will apply. All persons in the facility must be masked (with the exception of athletes during warm up, warm down, and actual competition). The Meet Director and Meet Referee may remove any individual who does not comply.**

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Meet is open only to qualified athletes registered with **Westside Aquaducks**. Athletes who are unattached but participating with **Westside Aquaducks** are eligible to compete.
- Entries with "**NO TIME**" will be Accepted
- Disabled Athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

**ENTRY LIMIT:** Athletes may enter up to five events within one of the two pentathlon lists of events, either the Short order, or the long order. Mixing events from the two will not be allowed.

**ENTRY FEES:** \$15.00 participation flat fee per Athlete. All entrants will be billed for their entry fee, via Team Unify. No payment need accompany the entry. No refunds will be made, except mandatory scratch downs.

**EMAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Athletes with no best time should enter NT (no time). Entries must be received in the entry box, or via email no later than **Wednesday, October 7, 7:00 p.m.**

**Hand deliver entries to: Entry Box, which will be found in front of the classroom at the Petaluma Swim Center**

**Email entries to: [Seniorcoach@westsideaquaducks.com](mailto:Seniorcoach@westsideaquaducks.com)**

**CHECK-IN:** The meet shall be pre-seeded. Athletes shall report to the bull-pen area at their scheduled time for each event.

**SCRATCHES:** Any Athletes not reporting for or competing in an individual timed final event that they have entered shall not be penalized.

**AWARDS:** Each athlete who enters and completes all 5 events in either the Short or Long list of Pentathlon events will receive an Aquaduck medallion.

**ADMISSION:** Free.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

#### EVENT SUMMARY

12 & Under	12 & Under
SHORT (S)	LONG (L)
25 Fly	50 Fly
25 Back	50 Back
25 Breast	50 Breast
25 Free	50 Free
100 IM	200 IM

#### ORDER OF EVENTS

Saturday, Sept. 26 <sup>th</sup> , 2020		
EVENT #	EVENT	EVENT #
1	12 & Under 25 Fly (S)	2
3	12 & Under 50 Fly (L)	4
5	12 & Under 25 Back (S)	6
7	12 & Under 50 Back (L)	8
9	12 & Under 25 Breast (S)	10
11	12 & Under 50 Breast (L)	12
13	12 & Under 25 Free (S)	14
15	12 & Under 50 Free (L)	16
17	12 & Under 100 IM (S)	18
19	12 & Under 200 IM (L)	20

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by WA  
 Short Course Intrasquad  
 October 17, 2020  
 Consolidated Entry Form

Name: Last                      First                      Middle

Club Abbr. <b>WA</b>	UNATT TEAM ABBR	Club Name <b>Westside Aquaducks</b>
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Age	Date of Birth	Sex M    F	LSC – (PC, SN)
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USA-#																			
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Event #	Distance / Stroke	Entry Time	Circle one
		: .	<a href="#">SCY</a> / LCM
		: .	<a href="#">SCY</a> / LCM
		: .	<a href="#">SCY</a> / LCM
		: .	<a href="#">SCY</a> / LCM
		: .	<a href="#">SCY</a> / LCM
		: .	<a href="#">SCY</a> / LCM
		: .	<a href="#">SCY</a> / LCM
		: .	<a href="#">SCY</a> / LCM

**Entry Fee - \$15 (This fee will be billed to your team account)**

Coach

Athlete's  
Address

Home Phone	Cell Phone
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Email