## VALLEY SPLASH PACIFIC SWIMMING LONG COURSE C/B/A+ MEET

**SUNDAY APRIL 14TH, 2019** 

Enter Online: <a href="http://ome.swimconnection.com/pc/VS20190414">http://ome.swimconnection.com/pc/VS20190414</a>



SANCTION: Held under USA/Pacific Swimming Sanction No. 19-054

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet at www.ValleySplash.com.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: Meet Referee: Mike Piccardo Head Starter: Csaba Andrejka

Meet Marshal: Maria Medrano Admin Official: Liz Tanaka

Meet Director: Kevin Parizi - 408-513-2450 - <a href="mailto:swimvalleysplash@gmail.com">swimvalleysplash@gmail.com</a>

LOCATION: Valley Christian High School Skyway Campus, 100 Skyway Drive, San Jose, CA 95111

DIRECTIONS: From 101 South: Take 101 South to the Capitol Expressway/Yerba Buena Road exit. Merge onto Capitol Expressway heading west. Take the Monterey Road ramp. Turn left onto Monterey Road. Turn left onto Skyway Drive. Valley Christian High School is located at 100 Skyway Drive. From 280 South: Take 280 South to 87 South. Take 87 South to the Capitol Expressway Auto Mall exit. Turn left onto West Capitol Expressway. Take the Monterey Road ramp. Turn left onto Monterey Road. Turn left onto Skyway Drive. Valley Christian High School is located at 100 Skyway Drive. From 85 South: Take 85 South to the Blossom Hill Road exit. Turn left onto Blossom Hill Road. Turn left onto Snell Avenue. Turn right onto Skyway Drive. Valley Christian High School is located at 100 Skyway Drive

**COURSE:** Outdoor, 50 meter pool with up to 8 lanes available for competition. An additional 1 lane will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 9'0" at the start end and 6'6" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** Meet will begin at 9:00 AM with warm-ups from 7:30 to 8:45 AM. A special warm-up time for 8 and under athletes only will be held from 8:15 to 8:45 AM.

**RULES:** • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 3 events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- This meet will be capped at 525 athletes.

**ATTENTION HIGH SCHOOL ATHLETES:** If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED ATHLETES:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Only Coaches EZ-Ups will be allowed on the pool deck.

**ELIGIBILITY:** • Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be accepted.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY PRIORITY:** Zone 1 South (Z1S) entries postmarked by Monday, March 25th, 2019 or entered online by 11:59pm Wednesday, March 27th, 2019 will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC's either postmarked by Monday, April 1, 2019, entered online by 11:59pm Wednesday, April 3, 2019, or hand delivered by 6:30pm Wednesday, April 3, 2019, will be considered in the order that they are received or until meet cap is reached.

**ENTRY FEES:** \$4.00 per event plus a \$10.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to <a href="http://ome.swimconnection.com/pc/vs20190414">http://ome.swimconnection.com/pc/vs20190414</a> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, April 3rd, 2019.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, April 1st, 2019 or hand delivered by 6:30 p.m. Wednesday, April 3rd, 2019. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Valley Splash

Mail entries to: Kevin Parizi Hand deliver entries to: Kevin Parizi

100 Skyway Dr100 Skyway DriveSan Jose, CA 95111San Jose, CA 95111

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

**AWARDS:** Ribbons for First through Eighth place will be given to the following age groups: 8 & Under, 9-10, 11-12, 13-14, 15&Over within each event. All awards must be picked up at the meet by a coach or parent representative at the end of the meet on Sunday. Awards will not be mailed.

ADMISSION: Free.

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Parking on campus is extremely limited. Please note signs and avoid parking in restricted areas or you may be ticketed. Timing lane assignments will also be required based on the total entries by club.\*

## **EVENT SUMMARY**

SUNDAY								
10&Under	11-12	13-14	15&Over					
50 BR	50 BR	100 BR	100 BR					
50 BK	100 BK	100 BK	100 BK					
50 FL	50 FL	100 FL	100 FL					
200 IM	200 IM	200 IM	200 IM					
50 FR	50 FR	50 FR	50 FR					

**EVENTS** 

Sunday, April 14th, 2019									
EVENT #	EVENT	EVENT#							
1	15&Over 100 Breast	2							
3	13-14 100 Breast	4							
5	11-12 50 Breast	6							
7	10&Under 50 Breast	8							
9	15&Over 100 Back	10							
11	13-14 100 Back	12							
13	11-12 100 Back	14							
15	10&Under 50 Back	16							
17	15&Over 100 Fly	18							
19	13-14 100 Fly	20							
21	11-12 50 Fly	22							
23	10&Under 50 Fly	24							
25	15&Over 200 IM	26							
27	13-14 200 IM	28							
29	11-12 200 IM	30							
31	10&Under 200 IM	32							
33	15&Over 50 Free	34							
35	13-14 50 Free	36							
37	11-12 50 Free	38							
39	10&Under 50 Free	40							

Use the following URL to find the time standards: <a href="http://www.pacswim.org/swim-meet-times/standards">http://www.pacswim.org/swim-meet-times/standards</a>

## Pacific Swimming – Hosted by Valley Splash

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Name: Last,	F	irst			Middle											
Club Abbr.	bbr. UNATT TEAM ABBR					Club Name										
Age		Date of Birth				Sex M F				LSC – (PC, SN)						
USA-#																
Event #	Distance / Stroke						Entry T	ime			Circle one					
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Coach																
Athlete's Address																
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