

QUICKSILVER SANTA CRUZ  
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET  
MARCH 26-27, 2022  
Enter Online: <https://fastswims.com>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **22-036**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

*An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.*

*USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.*

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**  
**Meet Referee:** Ray Tanaka                      **Head Starter:** Csaba Andrejka  
**Meet Marshal:** Brodie Trap                      **Admin Official:** Mike Piccardo  
**Meet Director:** Michael Greymont – [mgreymont@mhgcg.com](mailto:mgreymont@mhgcg.com)

**LOCATION:** Watsonville High School, 380 Lincoln Street, Watsonville, CA 95076

**DIRECTIONS:** From US Highway 101 (either from north or south): Take Chittenden Road (CA 129) west toward Watsonville. From CA 1 (either from north or south): Take Riverside Drive (CA 129) east toward Watsonville. From either direction, turn north onto Lincoln Street. Athletic fields will be on your right. Turn first right onto Wildcatz Way. Pool entrance and drop-off will be on your right. Parking will be at the end of Wildcatz Way under the solar installations.

**COURSE:** Outdoor 25 yard pool with up to 10 lanes available for competition. An additional 4 lanes will be available for warmup/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under Athletes only will be held from 8:15 to 8:45 AM

**RULES:** • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will

be posted at the Clerk-of-Course.

- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a **MAXIMUM of 4** events per day.
- All Athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated timeline, per the “Four-Hour Rule,” based on the Athletes age and gender.
- Meet shall be capped at 500 Athletes.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**

**ATTENTION HIGH SCHOOL ATHLETES:** High school athletes in season need to be Unattached from this meet. It is the athlete’s responsibility to be Unattached from this meet. Athletes can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED ATHLETES:** Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for food trucks/meet operations.
- All shelters must be properly secured. For shelters on turf, no plastic or metal stakes allowed.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the “A” Division must have met at least USA Swimming Motivational “A” minimum time standard. Athletes in the “B” Division must have met at least the listed “B” minimum time standard. All entry times slower than the listed “B” time standard will be in the “C” Division.

- Entries with "**NO TIME**" will be **ACCEPTED**.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

**ENTRY PRIORITY:** Zone 1 South athletes shall have a one-week (7 days) priority upon opening of the meet.

**ENTRY FEES:** \$4.50 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to [www.fastswims.com](http://www.fastswims.com) to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through **Wednesday, March 16, 2022**.

**MAILED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked by midnight, **Monday March 14, 2022**. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: QuickSilver Santa Cruz**

**Mail entries to: Michael Greymont**

**409 Tenant Ave STE 423**

**Morgan Hill, CA 95037**

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for remaining events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded in the event.

**SCRATCHES:** Any Athletes not reporting for or competing in an individual timed final event that they have checked in for/entered shall not be penalized.

**AWARDS** Ribbons will be awarded to the 1st – 8th place for each event in age groups (10-U, 11-12, 13 and Over). No awards given for athletes 19 years of age and older. Note: Awards will be separated and handed to clubs **AFTER** the completion of the meet

**ADMISSION:** Free. Psych Sheet will be available for download (PDF file)

**SNACK BAR & HOSPITALITY:** A small snack bar may be available throughout the competition. Coaches and working deck officials will be provided lunch.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours. All participating clubs are expected to provide lane timers based upon the number of athletes registered to swim each day. Club timing lanes will be assigned and coaches will be notified of assignments during the week prior to the meet.

**EVENT SUMMARY**

SATURDAY			SUNDAY		
10 & UN	11-12	13-18	10 & UN	11-12	13-18
100 FR	100 FR	100 FR	200 FR	200 FR	200 FR
50 BK	200 BK	200 BK	50 BR	200 BR	200 BR
100 BR	100 BR	100 BR	100 FL	100 FL	100 FL
50 FL	200 FL	200 FL	50 FR	50 FR	50 FR
200 IM	200 IM	200 IM	100 BK	100 BK	100 BK
	400 IM*	400 IM*		500 FR*	500 FR*

**ORDER OF EVENTS**

*For distance events (400 IM, 500 free) - athletes need to provide their own timer.*

*For the 500 free, athletes need to provide their own lap counter.*

Saturday, March 26 <sup>th</sup>		
EVENT #	EVENT	EVENT #
1	13-18 100 Free	2
3	11-12 100 Free	4
5	10-UN 100 Free	6
7	13-18 200 Back	8
9	11-12 200 Back	10
11	10-UN 50 Back	12
13	13-18 100 Breast	14
15	11-12 100 Breast	16
17	10-UN 100 Breast	18
19	13-18 200 Fly	20
21	11-12 200 Fly	22
23	10-UN 50 Fly	24
25	13-18 200 I.M.	26
27	11-12 200 I.M.	28
29	10-UN 200 I.M.	30
31	11-18 400 I.M.*	32

Sunday, March 27 <sup>th</sup>		
EVENT #	EVENT	EVENT #
33	13-18 200 Free	34
35	11-12 200 Free	36
37	10-UN 200 Free	38
39	13-18 200 Breast	40
41	11-12 200 Breast	42
43	10-UN 50 Breast	44
45	13-18 100 Fly	46
47	11-12 100 Fly	48
49	10-UN 100 Fly	50
51	13-18 50 Free	52
53	11-12 50 Free	54
55	10-UN 50 Free	56
57	13-18 100 Back	58
59	11-12 100 Back	60
61	10-UN 100 Back	62
63	11-18 500 Free*	64

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Quicksilver Swimming – Santa Cruz  
 SHORT COURSE CBA+  
 March 26<sup>th</sup>-March 27<sup>th</sup>, 2022  
 Consolidated Entry Form

Name: Last                      First                      Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
------------	-----------------	-----------

Age	Date of Birth	Sex M    F	LSC – (PC, SN)
-----	---------------	---------------	----------------

USA-#   

Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

# of entries \_\_\_\_\_ x \$4.50 = \$ \_\_\_\_\_  
 Participation Fee      \$ 8.00  
 Total                      \$ \_\_\_\_\_

Coach

Athlete's Address

Home Phone	Cell Phone
------------	------------

Email

*Please make checks payable to Quicksilver Swimming*