YOUTH CUP CHALLENGE HOSTED BY MONTEREY BAY SWIM CLUB PACIFIC SWIMMING LONG COURSE T/F MEET

MAY 24TH - 26TH 2019

Enter Online: http://ome.swimconnection.com/pc/MBSC20190524



SANCTION: Held under USA/Pacific Swimming Sanction No. **19-058**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet at Meet Mobile.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: Meet Referee: Brett Shaug Head Starter: Frank Suchomel

Meet Marshal: Christina Rodgers Admin Referee: Mike Piccardo

Meet Director: Elizabeth Garcia MBSCmeetdirector@gmail.com

LOCATION: Hartnell College Pool 156 Homestead Drive, Salinas, CA 93901

DIRECTIONS: From US-101 South: Take the Main St. Exit toward Salinas. Stay straight and proceed onto N Main St/CA-183S. N Main St/CA-183S becomes Salinas St. Turn right onto W Alisal St. Turn right onto Homestead Ave. From US 101-North: Take the John St. Exit. Turn left onto John St. Turn right onto Monterey St. Turn left onto E. Alisal St. Turn right onto Homestead Ave.

COURSE: OUTDOOR 50 METER pool with up to 8 lanes available for competition. One lane will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 14'0" at the start end and 4'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: <u>Friday:</u> Meet begins at 2:30 PM with warm-up from 1:00 – 2:15 pm. All events Friday are timed finals, exception 50 FR. There will be an additional 15 min warm-up period prior to the 50 FR.

Saturday & Sunday:

Session 1: Trials/Prelims will begin at 9:00 am each day with warm-up form 7:30 - 8:45 am

Session 2: (12 & Under) will begin one hour after the conclusion of Session 1, but not before Noon. There will be a designated lane for 8 & U athletes during warm-up.

Session 3: Finals will begin one hour after the conclusion of Session 2 (TBD @ the Coaches Meeting prior to Session 1)

RULES: • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

- All events Friday and Session 2 of Saturday & Sunday are timed finals (exception 50 FR).
- All events will swim fast to slow.
- Athletes may compete in 3 events per day and 1 relay.
- All Athletes ages 12 and Under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line of 3 hours for Saturday and Sunday Sessions 1.8.2
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All Coaches and Deck Officials must wear their USA Swimming membership cards in a visible manner.
- All Relay entries must be received by the Friday Coaches Meeting.

- All Athletes 12 & Under May choose to compete in either Session 1 or Session 2, but NOT BOTH. This rule is consistent for the duration of the meet. ** SEE ELIGIBILITY**.
- The 800 FR & 1500 FR will be seeded fastest to slowest and alternate heats of women and men.
- If necessary, to meet the four-hour rule or to meet the timeline, the 800 FR & 1500 FR may swim two per lane.
- Athletes swimming the 800 FR & 1500 FR must provide their own timers and lap counters.
- Entries will be accepted until the number of splashes reaches the timeline of three hours for each session Saturday and Sunday. Friday entries will be accepted until the number of splashes reaches a timeline of 6 pm.
- Athletes 11-14 in Session 1 will compete together but will be separated into 11-12 and 13-14 age groups for Finals (Session 3). 15 & Over athletes will compete together.
- Session 3: Session 3: There will be a Consolation ("B") Final followed by a Championship ("A") Final for all events in the 11-12, 13-14 and 15 & O events.
- Relay teams will be scored by age group (11-12, 13-14, 15 & Over), but will swim together in a combined 11 & Over event. All four athletes on a given relay team must be of the same age group. Only 2 relays per club may score per age group/gender.

UNACCOMPANIED ATHLETES: Any USA-S Athlete-Member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA-S Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- NO PETS on deck. Certified service dogs allowed.
- NO EZ-UPS on deck except for use by Coaches and Official Meet Personnel.

ELIGIBILITY: • Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Entries with "NO TIME" will be ACCEPTED with exception for 800 FR, 1500 FR and for 11-12 athletes in Session 1.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled Athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.
- 11-12 Athletes may compete in EITHER Session 1 or Session 2, but NOT BOTH. This will be in effect throughout the meet.

- Friday 50 FR is Prelims for Session 1 eligible Athletes (see below)
- Saturday/Sunday Session 1: Athletes 13 & Over are eligible to compete. Entry times should be the Athlete's actual times and NOT the minimum standard. Athletes 11-12 years of age SHALL meet the PC Senior Open time standard in 1 event (from either Friday, Saturday Session 1 or Sunday Session 1 events) as outlined by Pacific Swimming time verification procedures. No refunds shall be given if a time cannot be proven. Entries with 'NO TIME" will NOT be accepted.
- Athletes under the age of 11 years are NOT eligible to compete in Session 1.
- 50 FR Semi-Finals Saturday (Athletes must have competed in Prelims Friday)
- 50 FR Finals Sunday (Athletes must have competed in Semi-Finals Saturday)
- Saturday/Sunday Session 2: Athletes 12 & Under there is no proof of time. Athletes 13 & Over are not eligible to compete.

ENTRY FEES: \$5.50 per event plus a \$10.00 participation fee per athlete. \$16.00 per Relay Team. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to http://ome.swimconnection.com/pc/MBSC20190524 to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, May 15th, 2019.

MAILED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, May 13th, 2019. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Monterey Bay Swim Club Mail entries to: Elizabeth Garcia 3028 EDDY ST MARINA, CA 93933

RELAY ENTRIES: Relay entries will be due on the day of the meet, at a time to be announced at the beginning of the meet, and will be deck seeded.

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: • Pacific Swimming scratch rules shall be enforced. A copy shall be posted at the clerk-of-course.

- **TIMED FINALS SESSIONS** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.
- PRELIM & FINAL SESSIONS Athletes entered in a preliminary individual event in a Preliminaries and Finals meet that is deck seeded who have checked in for that event, shall compete in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to compete in an event shall result in being barred from their next preliminary individual event.
- Any Athlete qualifying for finals in an individual event who does not wish to compete shall scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the Referee that may not intend to compete in finals. In this case, they shall declare their final intention within 30 minutes after the announcement of qualifiers following their individual preliminary event.
- Any Athlete qualifying for finals in an individual event who fails to report to the blocks in said final race prior to calling the Alternate shall be barred from the remainder of any final events for that day. Should the Athlete have no additional final events for that day they will be barred from their next preliminary event.
- If the No-Show occurs on the last day that the Athlete is entered in an individual final event in the meet, and no other individual event penalty is applicable, the Athlete shall then be fined \$100.00. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment

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AWARDS: A distinctive award will be provided to each Athlete in each event earning 1ST through 3RD places. Ribbons will be awarded for 4TH through 8TH places. High point trophies will be awarded to first place girl and boy in each age group (11-12, 13-14, and 15-16). The Youth Team Challenge Cup will be awarded to the first place Club in both the small and large Team divisions. The Youth Team Cup concept is a challenge to Swimming Clubs to bring their best age group teams. The Youth Cup is awarded to the highest scoring Club performing in the 11-12 & 13-14 age group categories. (11-12 Athletes participating in the afternoon session do not score Team points). A separate 10 & Under high point team award will be given. Awards must be picked up post meet, they shall not be mailed out without prior arrangements.

SCORING: Individual Events – 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay Events – 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided breakfast & lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Parking on Campus is FREE Saturday and Sunday only.

MINIMUM OFFICIALS: Certified Officials are requested from each club according to the number of Athletes competing from your club.

Club Athletes entered in session	Certified Officials Requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

EVENT SUMMARY

FRIDAY TIMED FINALS	SATURDAY S TRIALS/	•	SATURDAY SESSION 2 TIMED FINALS		
OPEN	11-14	15 & O	10 & U 11-12		
11 & O 800 FR	200 FR	200 FR	10 & 0	200 FR	
11 & O 1500 FR	200 BR	200 BR	100 FR	100 BR	
50 FR*	100 BK	100 BK	50 BK	100 BK	
4 X 50 FR R	200 IM	200 IM	50 FL	50 FL	
4 X 100 FR R	100 FL	100 FL			
	400 IM (G)	400 IM (G)			
	50 FR*	*50 FR			

SUNDAY SESSION	1/3 TRIALS/FINALS	SUNDAY SESSION 2 TIMED FINALS		
11-14	11-14 15 & O		11-12	
100 FR	100 FR	100 BK	50 BK	
200 FL	200 FL	200 IM	200 IM	
100 BR	100 BR	50 FR	50 FR	
200 BK	200 BK	50 BR	50 BR	
400 FR	400 FR			
400 IM (B)	400 IM (B)			
50 FR*	50 FR*			

^{* 50} FR Friday Prelims for Session 1 eligible Athletes only (11-12 must be eligible, see ELIGIBILITY)

^{* 50} FR Saturday Session 3 Semi-Finals for Athletes who competed in Friday Prelims

^{* 50} FR Sunday Session 3 Finals for Athletes who competed in Saturday Semi-Finals

ORDER OF EVENTS

FRIDAY May 24 th , 2019 TIMED FINALS							
Age Group	Girls #	PC SR OPEN Qualifying time	Description	PC SR OPEN Qualifying time	Boys #		
11 & O	1	11:30.19	800 FR	10:50.69	2		
11 & O	3	22:09.69	1500 FR	20:43.39	4		
11-14	5		50 FR*		6		
15 & O	7		50 FR*		8		
11-12							
13-14	9		4 X 50 FR R		10		
15 & O							
11-12							
13-14	11		4 X 100 FR R		12		
15 & O							

^{*50} FR Friday Prelims for Session 1 eligible Athletes only (11-12 must be eligible, see ELIGIBILITY)

*50 FR Saturday Session 3 Semi-Finals for Athletes who competed in Friday Prelims

*50 FR Sunday Session 3 Finals for Athletes who competed in Saturday Semi-Finals

Use the following URL to find the time standards: http://www.pacswim.org/swim-meet-times/standards

SATURDAY May 25 th , 2019 Session 1 PRELIMS			SATURDAY May 25 th , 2019 Session 2 TIMED FINALS			INALS	
Age Group	Girls #	Description	Boys #	Age Group	Girls #	Description	Boys #
11-14	13	200 FR	14	10 & U	37	100 FR	38
15 & O	15	200 FR	16	11-12	39	200 FR	40
11-14	17	200 BR	18	10 & U	41	100 BR	42
15 & O	19	200 BR	20	11-12	43	50 BR	44
11-14	21	100 BK	22	10 & U	45	50 BK	46
15 & O	23	100 BK	24	11-12	47	100 BK	48
11-14	25	200 IM	26	10& U	49	50 FL	50
15 & O	27	200 IM	28	11-12	51	50 FL	52
11-14	29	100 FL	30				
15 & O	31	100 FL	32				
11-14	33	400 IM					
15 & O	35	400 IM					

SUNDAY MAY 26 TH SESSION 1 PRELIMS				SUNDAY MAY 26 TH SESSION 2 TIMED FINALS			ALS
Age Group	Girls #	Description	Boys #	Age Group	Girls #	Description	Boys #
11-14	53	100 FR	54	10 & U	77	100 BK	78
15 & O	55	100 FR	56	11-12	79	50 BK	80
11-14	57	200 FL	58	10 & U	81	200 IM	82
15 & O	59	200 FL	60	11-12	83	200 IM	84
11-14	61	100 BR	62	10 & U	85	50 FR	86
15 & O	63	100 BR	64	11-12	87	50 FR	88
11-14	65	200 BK	66	10 & U	89	50 BR	90
15 & O	67	200 BK	68	11-12	91	100 BR	92
11-14	69	400 FR	70				
15 & O	71	400 FR	72				
11-14		400 IM	74				
15 & O		400 IM	76				

Pacific Swimming – Hosted by Monterey Bay Swim Club Pacific Swimming Age Group Open May 24th - 26th, 2019 Consolidated Entry Form First Middle Name: Last, Club Abbr. **UNATT TEAM ABBR** Club Name Date of Birth LSC - (PC, SN) Age Sex M F USA-# Distance / Stroke Entry Time Circle one Event # SCY / LCM SCY / LCM SCY / LCM : SCY / LCM SCY / LCM SCY / LCM • SCY / LCM SCY / LCM SCY / LCM SCY / LCM # of entries _____ x \$5.50 = \$___ Participation Fee \$ 10.00 Total \$_____ Coach Athlete's Address Home Phone Cell Phone Email