

2015 SPEEDO SHORT COURSE FAR WESTERN CHAMPIONSHIPS  
HOSTED BY MORGAN HILL SWIM CLUB MAKOS  
CO-SPONSORED BY PACIFIC SWIMMING  
APRIL 9-12, 2015  
ENTER ONLINE: <http://usaswimming.org/ome>



**PACIFIC**  
SWIMMING

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **15-037**  
*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://www.morganhillmakos.com>.**

**USE OF AUDIO & VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:** *Meet Referee: Mike Davis* *Head Starter: Jeanette Soe*  
*Meet Marshal: Sachi Ito* *Admin Official: Brian Malick*  
*Meet Director: Michael Greymont – [mgreymont@mhgcg.com](mailto:mgreymont@mhgcg.com) (408) 891-2948*

**CERTIFICATION MEET:** Officials wishing to be evaluated must apply to the Meet Referee before the meet by email or when they first arrive at the meet and attend pre-session meetings. Briefing will occur one hour before the start of both trials and finals. Officials dress for finals is white polo shirts/blouse, blue long pants or skirts, and closed white athletic shoes. For a N3 evaluation to be valid it must be done over four (4) sessions in the position. N2 evaluations must be done over three (3) sessions in the position. Recertification evaluations must be done over two (2) sessions; however, the official must work at least four (4) sessions at the meet for advancement or recertification evaluation(s) to be valid. The application form can be obtained on the Pacific Swimming website ([www.pacswim.org](http://www.pacswim.org)).

**LOCATION:** Morgan Hill Aquatics Center, 16200 Condit Road, Morgan Hill, CA.

**DIRECTIONS:** **From Northbound Highway 101:** take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile.

**From Southbound Highway 101:** take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.

**Parking:** Park in the main paved lot of the facility, the EAST side of Conduit Road, and the main large lot on the North side of the facility. Do not park at the House of Thunder Harley Davidson Dealership or Patio World. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents, the City of Morgan Hill, The Morgan Hill Aquatics Center, the Morgan Hill Swim Club (MAKOS), nor Pacific Swimming take ANY responsibility to damage or theft to any vehicles or personal belongings.

**Entry:** Enter facility through the gates at the competition end of the Aquatics Center, the south end. Please do not enter through the main entry on the north end of the facility, as the facility is open to the public during the meet.

**COURSE:** Outdoor 25 yard x 50 meter pool with up to 16 lanes available for competition. Additional lanes will be available for warm-up/cool down throughout the competition. The minimum water depth at the shallow end of the course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet will begin at **9:00 AM** each day with warm-ups from **7:00 to 8:45 AM** each day. A special warm-up time for 8 and under swimmers only will be held from **8:00 – 8:45 AM** in the separate instructional pool. Finals will begin no sooner than one hour after completion of the last preliminary event. The exact time will be determined by the Meet Referee and announced as early as possible.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events will swim fastest to slowest.
- Swimmers may enter as many individual events they have qualified for, but may compete in a maximum of three (3) events per day, seven (7) individual events in total. There is no cap on the number of relay events a swimmer can compete in.
- The 15-16 and 17-18 age groups will swim as a combined age group (15-18) in preliminary heats, but swim as separate age groups in final heats.
- All individual events are trials and finals, except the 1000 & 1650 yard freestyle events which are timed finals.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**SPECIAL RULES**

- The 1000 and 1650 freestyle events are timed finals and will be scored. Swimmers must provide their own lap counter and timers. Check in for these events (Events 201-204) will be open from the start of the meet until 11:00 AM the day of the event. These events will swim fastest to slowest.

**RELAYS:**

- All relay entries must be submitted by the entry deadline with the entry time listed. Relay entries will not be accepted at the meet.

**ATTENTION HIGH SCHOOL SWIMMERS:** If you are a high school swimmer in season, you need to be un-attached from this meet. It is the swimmers responsibility to be un-attached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited in the entire facility, as well as adjacent parking lots.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- No pets/animals are allowed in areas of the meet venue. Service dogs are exempt, please see Meet Director upon arrival.
- No overnight RV parking is allowed on Aquatic Center property.
- Except for coaches' seating next to the pool, no chairs, canopies, tents or "camping" on the competition deck is allowed.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS

database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Swimmer must have met the "FW" time standard in every event entered. Entries with "NO TIME" will be rejected.
- Swimmers 19 years of age and over may participate in the 17-18 age group provided they have met the time standards for that age group. They will not be eligible to swim in finals, or receive awards.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**PROOF OF TIME:** Proof of time will be required for this meet per Pacific Swimming rule Section 4.C.2. All entry times will be verified against the USA Swimming SWIMS database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Entry times must have been achieved after **October 1, 2013**, and prior to the closing date of entries for the meet **Wednesday, April 1, 2015, 11:59 PM**. If the time cannot be proven prior to the meet, the swimmer will not be allowed to check-in for the event until the entry time has been proven. When possible, the coaches will be notified of the swimmers who have not proven their entry time. No refunds will be given if a time cannot be proven.

**VISITING FEDERATIONS:** Visiting "All-Star" teams are welcome. "All-Star" teams are defined as teams officially representing a federation outside the United States. Individual swimmers can score points toward high point awards. Teams will not be in contention for team awards. All-Star relays can win medals, but not score points.

**ENTRY FEES:** **\$10.00** per individual event, **\$8.00** participation fee per swimmer. **\$20.00** per relay. \*\*Note, relay only swimmers ARE NOT required to pay the participation fee. All entry fees MUST be included with entry.

**ONLINE ENTRIES:** Online entry will be available via USA Swimming's OME system (<http://usaswimming.org/ome>). Entries will be accepted until 11:59 PM on Wednesday, April 1, 2015.

**MAILED/HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, **Monday, March 30, 2015**, or hand delivered by **6:30 PM, Wednesday, April 1, 2015**. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: Morgan Hill Swim Club**

**Mail entries to: Michael Greymont  
409 Tennant Station #423  
Morgan Hill, CA 95037**

**Hand deliver entries to: Morgan Hill Swim Club – Mike Greymont  
16200 Condit Road  
Morgan Hill, CA 95037**

**SEEDING:** Event seeding will be in the following order: conforming short course yards, non-conforming long course meters, and non-conforming short course meters. USA Swimming rules 207.11.7B. **See Rules for distance events seeding.**

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk of Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

**SCRATCHES:**

- Pacific Swimming scratch rules will be enforced. A copy will be posted at the clerk-of-course. Swimmers entered in a preliminary individual event in a Trials and Finals meet that is seeded on the deck that have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim in an event will result in being barred from their next preliminary individual event in which the swimmer is entered on that day or the next meet day, whichever is first.
- Any swimmer qualifying for any level of finals in an individual event who does not wish to compete must scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that may not intend to compete in consolation finals or finals. In this case, they must declare their final intention within 30 minutes after the announcement of qualifiers following their last individual preliminary event of that day

- Any swimmer qualifying for a consolation final or final race in an individual event who fails to show up in said consolation final or final race prior to calling the alternate shall be barred from the remainder of any final events for that day. Should the swimmer have no additional final events for that day they will be barred from their next preliminary event on the next day of the meet they are entered.
- If the No-Show occurs on the last day that the swimmer is entered in an individual event in the meet, and no other individual event penalty is applicable, the **swimmer shall then be fined \$100.00**. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.

**AWARDS:** Individual Events: Medals 1<sup>st</sup>-10<sup>th</sup>  
 Relay Events: Medals 1<sup>st</sup>-6<sup>th</sup>  
 Team: Distinctive Awards 1<sup>st</sup>-3<sup>rd</sup>  
 Individual High Point: Distinctive awards for high male and female for each age group

**SCORING:**

Place	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>
Individual Events	11	9	8	7	6	5	4	3	2	1
Relay Events	22	18	16	14	12	10	8	6	4	2

**ADMISSION:** Free. A 4-day meet program will be available for a fee.

**SNACK BAR:** A snack bar will be available during the meet.

**HOSPITALITY:** Lunch and hospitality will be available to all working officials and coaches.

**MISCELLANEOUS:** All meet information will be updated at <http://www.morganhillmakos.com>

**10/UNDER CAMP:** Forty eight (48) swimmers will be selected at the Speedo Short Course Far Western Championships in Morgan Hill, CA to attend the Adam Szmidt Memorial Camp for 10/Under swimmers. Participants must be no more than 10 years old as of the final day of competition at the meet and must be members of Pacific Swimming. The camp will be held in April 2015 at a TBD location. To apply, the athlete must compete at the 2015 Speedo Short Course Far Western Championships. Applications will be available for download online in February 2015, and at the Far Western Championships at the Camp Desk. Applications may be turned into the Camp Desk by the conclusion of Sunday's preliminary session.

**EVENT SUMMARY:**

10/UNDER	11-12	13-14	15-16	17-18
<b>THURSDAY, APRIL 9, 2015</b>				
200 FREE	200 FREE	200 FREE	200 FREE	200 FREE
100 FLY	100 FLY	100 FLY	200 BREAST	200 BREAST
100 BREAST	200 BREAST	200 BREAST	200 BACK	200 BACK
	50 BACK	1650 FREE (W)	1650 FREE (W)	1650 FREE (W)
	1650 FREE (W)	400 MEDLEY RELAY		
	400 MEDLEY RELAY			
<b>FRIDAY, APRIL 10, 2015</b>				
200 IM	200 IM	200 IM	400 IM	400 IM
100 FREE	100 FREE	100 FREE	100 FREE	100 FREE
50 BACK	200 BACK	200 BACK	100 FLY	100 FLY
	50 FLY	1650 FREE (M)	1650 FREE (M)	1650 FREE (M)
	1650 FREE (M)	400 FREE RELAY		
	400 FREE RELAY			
<b>SATURDAY, APRIL 11, 2015</b>				
500 FREE	500 FREE	500 FREE	200 FLY	200 FLY
100 BACK	100 IM	100 BACK	100 BACK	100 BACK
50 BREAST	100 BACK	100 BREAST	100 BREAST	100 BREAST
200 MEDLEY RELAY	50 BREAST	1000 FREE (W)	1000 FREE (W)	1000 FREE (W)
	1000 FREE (W)	200 MEDLEY RELAY		
	200 MEDLEY RELAY	200 FREE RELAY		
<b>SUNDAY, APRIL 12, 2015</b>				
100 IM	400 IM	400 IM	500 FREE	500 FREE
50 FLY	50 FREE	50 FREE	200 IM	200 IM
50 FREE	100 BREAST	200 FLY	50 FREE	50 FREE
200 FREE RELAY	200 FLY	1000 FREE (M)	1000 FREE (M)	1000 FREE (M)
	1000 FREE (M)	800 FREE RELAY		
	200 FREE RELAY			

## EVENTS:

GIRLS	DESCRIPTION		BOYS
	AGE	EVENT	
<b>THURSDAY, APRIL 9, 2015</b>			
1	17-18	200 FREESTYLE	2
3	15-16	200 FREESTYLE	4
5	11-12	200 FREESTYLE	6
7	13-14	200 FREESTYLE	8
9	10/U	200 FREESTYLE	10
11	17-18	200 BREASTSTROKE	12
13	15-16	200 BREASTSTROKE	14
15	11-12	100 BUTTERFLY	16
17	13-14	100 BUTTERFLY	18
19	10/U	100 BUTTERFLY	20
21	17-18	200 BACKSTROKE	22
23	15-16	200 BACKSTROKE	24
25	11-12	200 BREASTSTROKE	26
27	13-14	200 BREASTSTROKE	28
29	10/U	100 BREASTSTROKE	30
31	11-12	50 BACKSTROKE	32
201++	11-12	1650 FREESTYLE*	--
203++	13-14		
205++	15-16		
207++	17-18		
33	13-14	400 MEDLEY RELAY**	34
35	11-12	400 MEDLEY RELAY**	36
<b>FRIDAY, APRIL 10, 2015</b>			
37	17-18	400 INDIVIDUAL MEDLEY	38
39	15-16	400 INDIVIDUAL MEDLEY	40
41	11-12	200 INDIVIDUAL MEDLEY	42
43	13-14	200 INDIVIDUAL MEDLEY	44
45	10/U	200 INDIVIDUAL MEDLEY	46
47	17-18	100 FREESTYLE	48
49	15-16	100 FREESTYLE	50
51	11-12	100 FREESTYLE	52
53	13-14	100 FREESTYLE	54
55	10/U	100 FREESTYLE	56
57	17-18	100 BUTTERFLY	58
59	15-16	100 BUTTERFLY	60
61	11-12	200 BACKSTROKE	62
63	13-14	200 BACKSTROKE	64
65	10/U	50 BACKSTROKE	66
67	11-12	50 BUTTERFLY	68
--	11-12	1650 FREESTYLE*	202++
	13-14		204++
	15-16		206++
	17-18		208++
69	13-14	400 FREESTYLE RELAY**	70
71	11-12	400 FREESTYLE RELAY**	72

Individual Time Standards available at: <http://www.pacswim.org/userfiles/cms/documents/858/fw-qualifying-scy.pdf>

“\*” Will be swum between trials and finals, immediately following event 32 on Thursday and event 68 on Friday.

“+” Will be swum at the start of finals

“\*\*” Will be swum at the conclusion of finals.

“++” Events 201, 203, 205, and 207 (Girls 1650) will be swum together. Events 202, 204, 206, and 208 (Boys 1650) will be swum together.

GIRLS	DESCRIPTION		BOYS
	AGE	EVENT	
<b>SATURDAY, APRIL 11, 2015</b>			
73	17-18	200 BUTTERFLY	74
75	15-16	200 BUTTERFLY	76
77	11-12	500 FREESTYLE	78
79	13-14	500 FREESTYLE	80
81	10/U	500 FREESTYLE	82
83	11-12	100 INDIVIDUAL MEDLEY	84
85	17-18	100 BACKSTROKE	86
87	15-16	100 BACKSTROKE	88
89	11-12	100 BACKSTROKE	90
91	13-14	100 BACKSTROKE	92
93	10/U	100 BACKSTROKE	94
95	17-18	100 BREASTSTROKE	96
97	15-16	100 BREASTSTROKE	98
99	11-12	50 BREASTSTROKE	100
101	13-14	100 BREASTSTROKE	102
103	10/U	50 BREASTSTROKE	104
209++	11-12	1000 FREESTYLE*	--
211++	13-14		
213++	15-16		
215++	17-18		
105	13-14	200 MEDLEY RELAY+	106
107	11-12	200 MEDLEY RELAY+	108
109	10/U	200 MEDLEY RELAY**	110
111	13-14	200 FREESTYLE RELAY**	112
<b>SUNDAY, APRIL 12, 2014</b>			
113	17-18	500 FREESTYLE	114
115	15-16	500 FREESTYLE	116
117	11-12	400 INDIVIDUAL MEDLEY	118
119	13-14	400 INDIVIDUAL MEDLEY	120
121	10/U	100 INDIVIDUAL MEDLEY	122
123	17-18	200 INDIVIDUAL MEDLEY	124
125	15-16	200 INDIVIDUAL MEDLEY	126
127	11-12	50 FREESTYLE	128
129	13-14	50 FREESTYLE	130
131	10/U	50 BUTTERFLY	132
133	11-12	100 BREASTSTROKE	134
135	17-18	50 FREESTYLE	136
137	15-16	50 FREESTYLE	138
139	13-14	200 BUTTERFLY	140
141	11-12	200 BUTTERFLY	142
143	10/U	50 FREESTYLE	144
--	11-12	1000 FREESTYLE*	210++
	13-14		212++
	15-16		214++
	17-18		216++
145	13-14	800 FREESTYLE RELAY**	146
147	11-12	200 FREESTYLE RELAY**	148
149	10/U	200 FREESTYLE RELAY**	150

Individual Time Standards available at: <http://www.pacswim.org/userfiles/cms/documents/858/fw-qualifying-scy.pdf>

“\*” Will be swum between trials and finals, immediately following event 104 on Saturday and event 144 on Sunday

“+” Will be swum at the start of finals

“\*\*\*” Will be swum at the conclusion of finals

“++” Events 209, 211, 213, 215 (Girls 1000) will be swum together. Events 210, 212, 214, 216 (Boys 1000) will be swum together.

**RELAY ENTRY FORM**

CLUB				LSC		CLUB ABBREVIATION	
<b>THURSDAY, APRIL 9, 2015</b>							
GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM	D TEAM
F	13-14	400 MEDLEY RELAY	33				
M	13-14	400 MEDLEY RELAY	34				
F	11-12	400 MEDLEY RELAY	35				
M	11-12	400 MEDLEY RELAY	36				
<b>FRIDAY, APRIL 10, 2015</b>							
GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM	D TEAM
F	13-14	400 FREE RELAY	69				
M	13-14	400 FREE RELAY	70				
F	11-12	400 FREE RELAY	71				
M	11-12	400 FREE RELAY	72				
<b>SATURDAY, APRIL 11, 2015</b>							
GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM	D TEAM
F	13-14	200 MEDLEY RELAY	105				
M	13-14	200 MEDLEY RELAY	106				
F	11-12	200 MEDLEY RELAY	107				
M	11-12	200 MEDLEY RELAY	108				
F	10/U	200 MEDLEY RELAY	109				
M	10/U	200 MEDLEY RELAY	110				
F	13-14	200 FREE RELAY	111				
M	13-14	200 FREE RELAY	112				
<b>SUNDAY, APRIL 12, 2015</b>							
GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM	D TEAM
F	13-14	800 FREE RELAY	145				
M	13-14	800 FREE RELAY	146				
F	11-12	200 FREE RELAY	147				
M	11-12	200 FREE RELAY	148				
F	10/U	200 FREE RELAY	149				
M	10/U	200 FREE RELAY	150				
<b>COACH NAME</b>					<b># RELAYS</b>		
					<b>RELAY FEE</b>		<b>X \$20.00 EA.</b>
<b>COACH EMAIL</b>					<b>TOTAL</b>		<b>\$</b>
<p><b>Relay entries and a check made payable to the "Morgan Hill Makos" are due by the entry deadline, postmarked by Monday, March 30<sup>th</sup>, 2015.</b></p>							





**2015 Speedo Short Course Far Western Championship**  
**Hosted by Morgan Hill Swim Club**  
**Co-sponsored by Pacific Swimming**  
**April 9-12, 2015**

To be accepted, all entry information must be completely filled out. Please print!  
 Swimmers from outside Pacific Swimming may be asked to prove registration. Bring your USA Swimming Registration Card.

Last Name			First Name	Init
LSC	Club Abbr.	Club Name		
Age	Age Group	USA Swimming Registration Number	Gender M F	Date of Birth
Event Number	Qualifying Entry Time	(LCM /SCY)	Distance/Stroke	
Swimmer's Address:		Total Entries _____ x \$10.00 US Dollars		\$
Swimmer's Phone #		Participation Fee		\$ 8.00
Swimmer's/Parent's email:		-----		-----
Swimmer's Coach:		Total Due		\$

**IMPORTANT!**

**Please PRINT clearly.** Be sure to include all information. All entry times must be at least "FW" time standard for each event. Entries with "NO Time", the omission of a time, or a time slower than a "FW" time will not be accepted. All teams will be assigned Timer Assignments by the Meet Director. The Longer distance events, (1000 free and 1650 free) require that the swimmer provide their own timers and counters. Parents, please take your turn at timing, we cannot make this possible without your help. Thank you.