

**South Bay Swim League
Pacific Swimming Zone 1 South
SUNN VS QSS @ QSS
June 19 2013**

SANCTION: Sanctioned by USA/Pacific Swimming Sanction Number 13-129

In granting these sanctions, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of these event(s).

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

AUDIO/VIDEO: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: **Meet Referee:** Carole Keighley **Head Starter:** Mike McCombs **Meet Marshal:** Dolores Akin
 Meet Director: Janet Gutierrez **Phone:** (408) 206-0504/**Email:** coachjanetqss@gmail.com

LOCATION: Gunderson High School, Chynoweth Avenue at 622 Gaundabert Lane, San Jose, CA. From Highway 85 exit Santa Teresa, turn right onto Thornwood, turn right onto Winfield, and turn right onto Chynoweth. Gunderson High School is on the right: the pool is located at the back of the school. Parking is available in the front, back and around the school; but illegally parked vehicles will be ticketed.

COURSE: An outdoor heated 9 lane, 25 yard pool and diving well. The minimum water depth, measured in accordance with Article 103.2.3, is 4' or more throughout the racing course. The competition course has been certified in accordance with Article 104.2.2C (4). A copy of the certification is on file with USA Swimming. Competition will be in 9 lanes in 7' foot depth over the entire course. The diving well will be used for warm-up and warm down once the competition begins.

TIME: Meet begins at 4:30 P.M. Warm-ups from 3:30-4:15 P.M.

RULES:

- Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course.
- All events are timed finals.
- Swimmers may compete in up to three (3) events. Swimmers may choose 3 events from the high-lighted events.**
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down.
- All swim coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Glass containers of all kinds, sale and use of alcoholic beverages and tobacco products are prohibited in all areas of the meet venue defined as on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Only coaches EZ ups are allowed on competition deck.
- Except where the venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.**

ELIGIBILITY: •Swimmers competing for a team must be members of that team. Each swimmer competing for his team must be current members of USA-S.

•The meet host must check all swimmer registrations against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

•Unattached swimmers may compete, but may not score team points. Unattached swimmers will be seeded the same as attached swimmers.

ENTRIES: Coaches will enter swimmers via the Hy-Tek entry system by Friday, June 14th at 8:00P.M. Send the file to Janet Gutierrez at coachjanetqss@gmail.com.

RELAYS: No Relays at this meet.

ENTRY FEES: There is NO entry fee for SBSL Dual Meets.

CHECK-IN: The meet will be pre-seeded. Swimmers do NOT need to check in.

SCRATCHES: There is NO penalty for a swimmer entered in this meet that misses one of his/her events.

SCORING: Scoring in individual events will be as follows: 1st place = 5 points; 2nd place = 3 points; 3rd place = 1 point. There will be no limit to the number of swimmers from a team for a particular event. Scoring will include boys & girls 8 & U; 9 & 10; 11-12; 13-14 and 15 & older.

AWARDS: Awards will not be provided.

ADMISSION: Free

REFRESHMENTS: Snack bar will be available.

TIMERS: Participating teams will be responsible for providing timers.

Girl's Events	Age	Boy's Events	Event
1	13 - 14	2	200 Freestyle
3	15 & Over	4	200 Freestyle
5	8 & Under	6	50 Freestyle
7	9 -10	8	100 Freestyle
9	11 - 12	10	100 Freestyle
11	13 - 14	12	400 Freestyle Relay
13	15 & Over	14	400 Freestyle Relay
15	8 & Under	16	200 Freestyle Relay
17	9 - 10	18	200 Freestyle Relay
19	11 - 12	20	400 Freestyle Relay
21	13 - 14	22	100 Butterfly
23	15 & Over	24	100 Butterfly
25	8 & Under	26	25 Butterfly
27	9 - 10	28	50 Butterfly
29	11 - 12	30	50 Butterfly
31	13 - 14	32	100 Backstroke
33	15 & Over	34	100 Backstroke
35	8 & Under	36	25 Backstroke
37	9 - 10	38	50 Backstroke
39	11 - 12	40	50 Backstroke
41	13 - 14	42	200 Individual Medley
43	15 & Over	44	200 Individual Medley
45	8 & Under	46	100 Individual Medley
47	9 - 10	46	100 Individual Medley
49	11 - 12	50	100 Individual Medley
51	13 - 14	52	200 Medley Relay
53	15 & Over	54	200 Medley Relay
55	8 & Under	56	100 Medley Relay
57	9 - 10	58	200 Medley Relay
59	11 - 12	60	200 Medley Relay
61	13 - 14	62	50 Freestyle
63	15 & Over	64	50 Freestyle
65	8 & Under	66	25 Breaststroke
67	9 - 10	68	50 Breaststroke
69	11 - 12	70	50 Breaststroke
71	13 - 14	72	100 Breaststroke
73	15 & Over	74	100 Breaststroke
75	8 & Under	76	25 Freestyle
77	9 - 10	78	50 Freestyle
79	11 - 12	80	50 Freestyle
81	13 - 14	82	100 Freestyle
83	15 & Over	84	100 Freestyle
85	8 & Under	86	100 Freestyle Relay
87	9 - 10	88	100 Freestyle Relay
89	11 - 12	90	200 Freestyle Relay
91	13 -14	92	200 Freestyle Relay
93	15 & Over	94	200 Freestyle Relay

