

2023 CA/NV Speedo Sectionals Order of Events and Time Standards

***1650 and 1000 Event order on Sunday is the Finals Session order. In Prelims, the 1650 and 1000 heats EXCEPT for the FASTEST heat of checked in athletes will swim per National Championship meet procedure rules.**

****All heats for 500 free / 400 IM will be swum slowest to fastest. If only one course is used for prelims, women and men will alternate.**

WOMEN	YARDS	METERS	EVENTS	YARDS	METERS	MEN
THURSDAY, December 14, 2023						
4:00 pm Timed Finals						
1	10:39.89	9:36.09	1000 Y Freestyle			
			1650 Y Freestyle	16:43.89	17:13.49	2
3	8:00.19	9:05.59	800 Y Freestyle Relay	7:15.29	8:15.69	4
FRIDAY, December 15, 2023						
9:00 AM PRELIMS 5:00 PM FINALS						
5	1:56.29	2:12.99	200 Y Freestyle	1:45.79	2:03.09	6
7	1:07.59	1:18.79	100 Y Breaststroke	1:00.89	1:11.29	8
9	59.19	1:07.19	100 Y Butterfly	52.89	1:00.89	10
11	4:39.09	5:20.09	**400 Y Individual Medley	4:14.69	4:55.09	12
13	4:02.69	4:36.09	400 Y Medley Relay	3:38.99	4:09.69	14
SATURDAY, December 16, 2023						
9:00 AM PRELIMS 5:00 PM FINALS						
15	2:10.09	2:27.99	200 Y Butterfly	1:58.89	2:15.89	16
17	59.49	1:09.49	100 Y Backstroke	53.89	1:03.29	18
19	24.89	28.69	50 Y Freestyle	22.19	25.89	20
21	2:28.19	2:49.69	200 Y Breaststroke	2:13.29	2:35.79	22
22	5:10.69	4:39.69	**500 Y Freestyle	4:47.79	4:21.09	24
SUNDAY, December 17, 2023						
8:30 AM PRELIMS 4:00 PM FINALS						
25	53.99	1:01.89	100 Y Freestyle	48.19	56.09	26
27*	17:46.59	18:22.99	1650 Y Freestyle *			
28	2:08.59	2:29.19	200 Y Backstroke	1:57.29	2:17.39	29
			1000 Y Freestyle*	9:59.49	9:04.69	30*
31	2:10.49	2:31.09	200 Y Individual Medley	1:58.19	2:18.39	32
33	3:41.79	4:11.59	400 Y Freestyle Relay	3:18.59	3:46.89	34

**2023 Speedo Sectionals
Bonus Time Event Standards**

WOMEN			MEN	
SCY	LCM	Event	SCY	LCM
25.69	29.49	50 Freestyle	22.79	26.59
55.49	1:03:69	100 Freestyle	49.49	57.69
1:59.59	2:16.69	200 Freestyle	1:48.79	2:06.59
5:19.49	4:47.59	400 / 500 Freestyle	4:55.99	4:28.49
10:57.99	9:52.49	800 / 1000 Freestyle	10:16.39	9:20.09
18:16.79	18:54.19	1500 / 1650 Freestyle	17:12.29	17:42.79
1:01.19	1:11.39	100 Backstroke	55.39	1:05.09
2:12.29	2:33.39	200 Backstroke	2:00.59	2:21.29
1:09.49	1:20.99	100 Breaststroke	1:02.59	1:13.29
2:32.39	2:54.49	200 Breaststroke	2:17.09	2:40.19
1:00.89	1:09.09	100 Butterfly	54.39	1:02.59
2:13.79	2:32.19	200 Butterfly	2:02.19	2:19.79
2:14.19	2:35.39	200 Individual Medley	2:01.59	2:22.29
4:46.99	5:29.09	400 Individual Medley	4:21.89	5:03.49