

Pacific Swimming Athlete Committee

Meeting Agenda

June 27, 2021

6:00-7:30 p.m.

Zoom Link: Join Zoom Meeting

<https://zoom.us/j/92193801623?pwd=ZTg5bm94dmZrY0pqK1hBTGx6ckh6dz09>

Meeting ID: 921 9380 1623

Password: 797227

1. Call to Order: 6:02
2. Attendance (no need to write your own name): Veronica Hernandez, Jivana Nagpal, Taylor Rohovit, Aidan Pflieger, Alisa Zhou, Miya French, Andrew Trieu, Calsta Lynch, Camille Guillerm, David Cottam, Ainsley Jane Tambling, Cherise Wong, Diana Fetterman, Millie Nygren, Dominik Wonosaputra, Emily Hayashi, Ernest Leong, Ethan Wang, Gunner Hopkins, Janak B., Justin Cho, Kate Aubrecht, Kristina Mooney, Lauren Healy, Lilli Chau, Lily Struempf, Lulu Schloss, Maddie Gomez, Natalie Fearn, Rachel Arndt, Sadie Breen, Saveta Holunga, Sofia Delange, Stephanie Anderson, Ty Anders Fong, Calvin Ciciarelli, Oakley Briskman, Anna Ryan, Asha Kannan, Delainey Brandt, Saya Ryan, Vanya Vats, Zachary Caufield, Luna Balbuena, Alana Silva
 - a. Communication: Please be sure to email vhernandez@pacswim.org directly if you are not able to attend Athlete Committee meetings.
3. Resources for the month: [Post-Pandemic Joy](#), [How Does Social Media Affect Our Mental Health?](#), [Post Phelps Olympic Team](#)
4. Icebreaker: Meet Structure
 - a. What do you like about the different meet formats, what should we keep, what would you like to change
 - i. Dual, tri, different session for big/little kids
 - b. <https://ahaslides.com/B2KN9>
5. Reports:
 - a. Senior Reps: no report
 - b. Junior Rep: no report
 - c. Zone Reps:
 - i. Zone 1N (SR - z1nAthleteRep@pacswim.org): looking to replace Saya
 - ii. Zone 1S (SB - z1sAthleteRep@pacswim.org): no report
 - iii. Zone 2 (LS - z2AthleteRep@pacswim.org): 2nd and 3rd round of meet bidding, lack of officials in zone 2
 - iv. Zone 3 (GC - z3AthleteRep@pacswim.org): no report
 - v. Zone 4 (CT - z4AthleteRep@pacswim.org): Looking to replace Carlos
 - d. Committee Reps:
 - i. DDEI (EL): [form](#) for Western Zone Inclusion summit **August 14th**, if outreach swimmer updating MEFAP into Spanish and Chinese (helps with meet entry fee money)
 - ii. Summer Series (AJT): entry period has started, remember to enter if participating.
 - iii. Officials (LS): not enough officials for meets, officials are worn out
 - e. Team Reps:
 - i. WCAB - quad meet, going to Sectionals
 - ii. Orinda - first long course meet

- iii. PASA - going to Sectionals and other meets, more team bonding events
 - iv. Bulldogs - extended practice times
 - v. SUNN - dual meet, 2 people per lane (more practice time now)
 - vi. DACA - intersquad meet, Sectionals and Futures
 - vii. BAC - safe sport Mondays, compliment relays
 - viii. Still teams that have limited pool space and meet options
- f. WZ/ National DEI (SR/VH): New round of interviews regarding position descriptions
- g. AEC/ National Leadership (RM): Special HOD of USAS on Wednesday regarding new legislation (i.e. 10 year athlete rule)
- h. Vice Chair (VH): first board orientation for new positions and people
- i. General Chair (DC): still concerns regarding COVID and new variants; mix of masked and unmasked people at meets
 - i. Dr. Blackwell
- 6. Subcommittee Reports
 - a. Succession Planning (TR): updated P and P; changing committee selection to end of summer/fall, presented to board for approval; updated number of votes each zone gets in HOD.
 - b. Mental Health (SW & CL): posting on LGBTQ community in sports later this week, 2-3 posts in July on team building through mental health.
 - i. Would love to have more members; email Calista at calista@haight65.com if interested
 - c. Pen Pal (LS - penpal@pacswim.org): share email [template](#) with teams, [pen pal overview](#)
 - d. Social Media (SD & MG - repsocial@pacswim.org): posting any requests
 - e. DDEI Social Media (SB): want more outreach and sharing of account, planning posting schedule
 - f. Leadership Summit Planning (AP): finishing up the timeline; found a mental health presenter. Brainstormed icebreaker and lunch activity ideas.
 - g. Awards Banquet (AN): still working on finalizing a submission form to collect entries, and we have a flier prepared for social media to get the word out. We aren't quite ready for athletes to send the information to their teams yet, but we'll put a message together with all of the info for people to share with their team sometime before we open submissions, which will be over the next few weeks.
- 7. Unfinished Business:
 - a. May Team Culture Action Item: Social media - make sure your team is following @pacificswimming and @pacificdiversity. Talk to your coach about how the account is run and highlight something about Pacific on your team account
 - b. Mission statement:
- 8. New Business:
- a. Attendance tracker:
- 9. June Team Culture Action Item:
 - a. [mental health survey](#) (email template will be in recap email)
 - b. Pen pal email template
 - c. Talk to your coaches/teammates about how meets might look in the future (think back to icebreaker)
- 10. Next Meeting: July 25th, 6:00pm
- 11. Adjourn: 7:11PM